



Circular 01/2023

24 March 2023

## **Family Liturgy Quiz Competitions 2023**

### **“The Holy Eucharist is the source & summit of the Christian life”**

(Lumen Gentium: 11, Catechism of the Catholic Church: 1324)

My dear Brothers and Sisters in Jesus Christ,

My prayerful greetings during this Holy Season of *Sauma Ramba* (The Great Fast), when we meditate in a very special way the mysteries of Our Lord's Passion, Death and Resurrection.

During this first year of the 2<sup>nd</sup> Five Year Plan of our Eparchy, we are focusing on the Liturgy of our Church, by dedicating this year as the **Year of Liturgy**. The word Liturgy is not limited to the celebration of the Holy Qurbana but includes other forms of worshipping our Lord. Liturgy does not belong to us as individuals but is the public property of the whole Church and it forms a basis for establishing a relationship with God. Participating in the Holy Qurbana, the Liturgy of the Hours, the Sacramental Rites, Blessings and other Official Rites are very important for the spiritual growth of Catholics of all Rites, for it is through these Liturgical celebrations that we the faithful give praise and thanks to God and go forth strengthened as disciples of Christ in the challenging world around us. We can only love the Liturgy of our *sui iuris* Church if we understand the beauty of the Liturgy in all its fullness. The Syro-Malabar Liturgy stands out due to its rich symbolism and the *Kudasha (Anaphora)* of Mar Addai and Mar Mari used in the Syro-Malabar Holy Qurbana is the oldest *Kudasha* currently in use, originating from the Apostles themselves.

As the Bishop of the Eparchy, it is my responsibility to do my best, trusting in Divine Providence to encourage the faithful entrusted to my care to learn more about our Liturgy. The Year of Liturgy is dedicated with this intention and I request your prayers for the aims and objectives of the Year

of Liturgy to bear fruit. One of the activities planned during the Year of Liturgy to help us all learn more about our Liturgy is the 'Family Liturgy Quiz'. I am sure that you will all have noticed the 20 Liturgy Quiz questions published in *Denha*, our weekly news bulletin, Instagram and Facebook page. All the questions already published are available on the Eparchial website as well. We will conduct competitions at Parish/Mission/Proposed Mission, Regional and Eparchial levels, based on these questions.

Families of our Eparchy should learn our Liturgy and grow together in faith like the Holy Family of Nazareth. Every family team that secures 80% or above marks in the Parish/Mission/Proposed Mission Quiz will be eligible to compete at the Regional Level Quiz held online. The Parish/Mission/Proposed Mission Level Quiz will comprise of 20 questions from a question bank of 100 questions published in *Denha* on 04/06/2023 and the competition will be in written format. The date of the Parish/Mission/Proposed Mission Level Quiz will be announced at your Parish/Mission/Proposed Mission. For the smooth organisation of the Liturgy Quiz, the priest in charge must assign a coordinator at every Parish/Mission/Proposed Mission. The name of the Unit Level coordinator must be submitted to the Eparchial Level organisers on or before 30/04/2023, via the online form given out to the priest in charge. The date of the Unit Level Quiz must be provided to the Eparchial Level organisers before 31/07/2023. The Regional Level Quiz will be held online, during the month of October on Sunday evenings. It is advised that the Parish/Mission/Proposed Mission Level Quiz should be conducted at the earliest possible date to allow the teams to get the maximum time to prepare for the Regional Level Quiz. However, activities relating to the Liturgy Quiz should be conducted by all the commissions and forums at the Parishes/Missions/Proposed Missions of the CSMEGB throughout the Year of Liturgy, beyond the date of the Unit Level competition.

The Eparchial Level Quiz will be conducted on Saturday, 25/11/2023 based on all of the Liturgy Quiz questions (1001 questions) published in *Denha* over 50 weeks and questions from the Eparchial Five Year Plan document 'The Holy to the Holy Ones'. The winning team at the Eparchial Level Quiz will be awarded a trophy and a cash prize of £3000.00, the first runner-up a trophy and a cash prize of £2000.00, and the second runner-up a trophy and a cash prize of £1000.00. The prize money and the expenses of the Liturgy Quiz are covered by the contributions of the faithful who are passionate about the Liturgy of our Church.

To encourage more participation in the Liturgy Quiz, Practice Quizzes should be conducted by all the commissions and forums at the Parishes/Missions/Proposed Missions of the Eparchy throughout the Year of Liturgy. Practice Quizzes should also be organised during the Family Unit gatherings, prior to the Parish/Mission/Proposed Mission Level Quiz. This will ensure that all the faithful of our Eparchy will have active participation in the Year of Liturgy.

The Rules and Guidelines of the Family Liturgy Quiz 2023 in more detail is sent with this circular. If you have any queries regarding the Liturgy Quiz, please send an email to the address [yearofliturgy@csme.gb.net](mailto:yearofliturgy@csme.gb.net)

I entrust our Eparchy to the Immaculate Virgin Mary. Let us all pray for the success of the Family Liturgy Quiz 2023 and actively participate in the competitions and strengthen our understanding of the Liturgy of our Church.

May our Lord Jesus Christ bless you all abundantly!

Yours in our Lord and our God,

*+ Joseph Srampickal*

Mar Joseph Srampickal

Bishop, Catholic Syro-Malabar Eparchy of Great Britain



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**NB:** This circular must be read in all the Parishes/Missions/Proposed Missions of the Eparchy during the celebration of the Holy Qurbana on Sunday the 26<sup>th</sup> of March 2023 (or the nearest Sunday when Holy Qurbana is celebrated, if there is no Holy Qurbana on the 26<sup>th</sup> of March 2023).