

**Mar Joseph Srampickal**  
Bishop, Syro-Malabar Eparchy of Great Britain



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## **Spiritual Guidance**

“God who comforts in all our troubles” (2 Cor 1, 3)

Dear Brothers and Sisters in Jesus Christ,

“Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.” (2 Cor 1, 3-4). The whole world is fighting against an invisible enemy. It affects us in numerous ways in our daily lives. Many people feel powerless in this pandemic. In this context as Pope Francis encourages us saying “let us call upon Jesus today, firmly rooted in prayer”(*Evangelium Gaudium* n.259). The Church is always with those who are afflicted and ready to support in times of crisis, concern and fear. In reference to my Circular, dated 05<sup>th</sup> April 2017, the Syro-Malabar Eparchy of Great Britain from its very beginning has established a Commission for Spiritual Guidance to support our faithful and have appointed Rev Fr Jose Anthiamkulam MCBS as the Chairman of the commission. As I have referred earlier in my circular the need to have a one-to-one conversation or spiritual guidance will help us to grow in divine and human relationships. In this time of crisis, I invite once again your attention to the ministry of this Commission and I extend its fruitful ministry by offering the service of gifted spiritual directors. Even though, through the parishes and mission centres our faithful can avail all the spiritual support, if needed they are free to contact the following;

Very Rev Mgr Antony Chundelikkat (mob. 07478273948) – Proto syncellus in charge of the Commission.

Rev Fr Jose Anthiamkulam MCBS (mob. 07472801507) – Chairman of the Commission

Rev Fr George Panackal VC (mob. 07474787870)

Rev Fr Jose Anchanickal (mob. 07534967966)

Rev Fr Tomy Adatt (mob. 07448836131)

Rev Sr. Rogit CMC (mob. 07833899830)

Rev Sr Joan CMC (mob. 07827863579)

Dr Mano Joseph – Consultant Oncologist (mob. 07886639908)

Dr Mini Nelson – GP (mob. 07809244218)

Dr Mathew – Consultant Psychiatrist (mob. 07976132749)

Mrs Lijo Renji – Social worker (mob. 07788290809)

Mr Tomy Sebastian – Social worker (mob. 07766655697)

I pray that “The Father of Mercy, Compassion and the God of all Comfort” may protect and guide you.

Yours in our Lord and our God,

+ Joseph Srampickal

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